The AOTrauma Competencies for Orthogeriatrics

The education taskforce has identified the following competencies for this area of practice:

1. Correctly fix fragility fractures as indicated
2. Adapt treatment in line with aging
3. Recognize comorbidities and polypharmacy
4. Prevent, identify, and treat complications
5. Address secondary prevention (osteoporosis, falls)
6. Restore function early
7. Apply the basic science of fixation and bone biology
8. Initiate and comanage patient care with the healthcare team
9. Build a system of care for fragility fractures
10. Seek to restore and preserve functionality, independence, and quality of life

A competency is a combination of attributes underlying professional performance. It is the combination of knowledge, skill, or attitude that enables a physician to actively perform in his or her practice setting. Practically, a competency describes what the physician must be able to do to provide patient care, addressing the common and critical problems that may arise.